

RIDER WAIVER

Mountain Bike Club staff will always ensure all riders are safe to the best of their ability and encourage a safe, friendly, fun and welcoming environment. Everyone that is a member, rider on a session or staff member are all equal and will be treated as such. The aim of our organisation is to encourage positivity within mountain biking and to further increase love and stoke for the sport. We will always make sure to choose routes suitable for the riders attending and allow for riders to progress at a speed comfortable for them. All staff are there to help and to reduce risk as much as possible within the confines of an extreme sport.

- I accept the usual risks involved in mountain biking and accept the dangers that go with it.
- I understand that pictures and videos will be taken of sessions, this will be used by Mountain Bike Club on social media and on the company website.
- I understand that mountain biking is an 'extreme sport' and that crashes may happen (ride leaders will always do everything possible to reduce the risk of this).
- My bike is in working order and suitable for the activity.
- · My helmet is safe and has no cracks and the fastening strap works.

If you are unsure about any of the above please speak to the ride leader and they can help address your concerns. If you are uncomfortable with photos and videos being taken and used for media purposes please speak with your ride leader.

Date:	Signature
ature below please.	
Date:	Signature
	ature below please.